



SHARP/ALAC III

Organized

ONE DAY MEDICAL RELIEF CAMP FOR AFGHAN NATIONALS

IN MIANWALI

On Tuesday 29th April 2008



Society for Human Rights and Prisoners Aid

11, Muslim Colony

Mianwali

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PREFACE

SHARP/ALAC III team in collaboration with **Anwar Medical Complex** and **Saad Medicine Company** held its 1st Free Medical Camp for Afghan Nationals in District Mianwali on Tuesday, 29th April 2008. It was a general camp and about 200 Afghan patients were provided free consultation by specialist doctors and medicines worth over Rs. 30,000/- were given to the patients free of cost. District Mianwali was selected because the ALAC III team is already working in this remote area in Legal sector and during different field visits the team observed the extreme need for free medical camp in its working area due to the lack of healthcare facilities for Afghan Nationals. The nearest basic health unit is about one hours walk away. The majority of the population of Afghan Nationals is suffering from various diseases but cannot afford proper treatment. Though they do visit DHQ Mianwali or other private hospitals but being Afghans they are not considered and facilitated like Pakistani citizens such as their ailment is not perfectly diagnosed. These Afghan Nationals may otherwise not have a chance to get any medical attention and many loose their lives due to minor infections that are otherwise easily treatable.

RATIONALES:

The main objects to arrange this camp were as follow;

- To be well versed of the entire medical issues and troubles faced by the Afghan Nationals in District Mianwali.
- To provide free medicinal relief to all those Afghan families who due to their poor economic condition and strict traditional norms are not able to approach specialists for appropriate medical treatment and ultimately suffered hazardous infections
- To have the complete info about the other serious illness common among them in order to be referred to the referral centers or medical specialist for the medical tests.

Prior Essential Measures

Meetings with Mr. Mumtaz Elahi Medical Superintendent DHQ

In order to serve the Afghan Nationals with free medical treatment, the team scheduled a coordination meeting with Dr. Mumtaz Elahi, the Medical Superintendent of DHQ Mianwali in order to discuss the plan of free medical camp for Afghan. On his recommendation Dr. Aamir Khan Niazi (Gastroenterologist & Hepatologist) and Dr. Shawana Aamir (gynecologist) heartily volunteered their time and expertise, and Saad Medicine Company donated free medicines for Afghan Nationals in this camp. The team explained the limitations of the ALAC as well as the target and need of the medical camp to the inspired medical team. Dr. Aamir also offered the venue of Anwar Medical Complex where separate arrangements could be made for males and females.

Meeting with Saad Medicine Company

In order to provide free medicines to the patients, the team scheduled a sitting with Mr. Tariq Masood, the Chief Executive of **Saad Medicine Company** and shared with him the preplanned details of the Medical Camp. Mr. Tariq Masood valued the efforts of the team for the camp and showed a very positive attitude towards this activity. He donated different medicines in maximum quantity.

Prior Information Shared with the Afghan Nationals

To ensure that maximum number of Afghan National should get the benefit of this free medical aid proper messages were conveyed and announcement were made through special Afghan representatives of the Afghan Nationals in different localities. ALAC III Team also went to the localities itself and met the Afghan Nationals personally prior to the Camp Day.

PARTAKERS

Dr. Aamir Khan Niazi	Gastroenterologist & Hepatologist
Dr. Shawana Aamir	Gynecologist
Mr. Saad Mir	Representative, Saad Medicine Company
Ms. Shella	Female Staff Nurse
Ms. Fariha Shaheen	Field Manager, SHARP/ALAC III
Mr. Aslam Khan	Lawyer, SHARP/ALAC III
Mr. Mudassir Ali Shah	Admin Finance Assistant, SHARP/ALAC III
Mr. Sagheer Ahmad	Messenger, SHARP/ALAC III
Mr. Iqbal Ahmad	Helper, SHARP/ALAC III

CAMP DAY

The team reached its destination at 8:00 am in the morning. AMC-Medical team started checking patients immediately after its arrival at the camp premises located at Balo Khel Road Mianwali. Having special respect for the traditional norms of the Afghan Nationals, the ALAC team had made separate sitting arrangements for Afghan females in the premises where they could easily access to the lady doctor. During the Medical Check-up the efficient doctors diagnosed all the patients with special care. Meanwhile they were fully cooperated by the ALACIII team which helped the medical team a lot to understand the health problem of the Afghans. Most of the cases reported were typhoid, anemia, acute and chronic diarrhea diseases, malaria, hepatitis, serious dyspepsia, arthritics, malnutrition and resulting diseases, upper & lower respiratory tract infections, skin diseases, and obstetric & gynecological problems. Nearly 200 patients (including men, but majority of them were women & children) suffering from a variety of diseases were medically assessed by the AMC-medical team and medicine was given to all of them free of cost. They also gave gynecology (to the females), physiotherapy, and cardiac treatment. Those Afghan Nationals whom suffered with serious syndromes were referred to the free laboratory tests. There was a separate big room for Pharmacy, from where medicines were issued to the patients.

Statistical Analysis of the patients

S.NO	MEDICAL TEAM	MALE / FEMALE	CHILDREN	TOTAL
1	Dr. Aamir Khan Niazi	36 Males	61	97
2	Dr. Shawana Aamir	47 Females	54	101

CONCLUSION

The team concluded its activities by 2:00 pm. Nearly 200 Afghan Nationals whom visited from different areas of the District were treated for various ailments in this free medical camp. Though to arrange a Medical relief camp was a preliminary practice

for the ALACIII team as ALAC is firmly limited to its Legal Assistance Programme. Taking the benefit of the category of the referral system, the team took this initial measure to organize this health facility for the Afghan Nationals in Mianwali. The response of the Afghan families was very optimistic. All of them appreciated the efforts of the ALAC team and the services of the doctors.

Token Of Appreciation

A sincere appreciation of ALAC III team goes to the collaborating team i.e. Medical Staff of Anwar Medical Complex and Saad Medicine Company for the continuous volunteer support and the sustained interest to work for a noble cause specifically for Afghan Nationals.

Snap Shots



Edited & Compiled

By

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